

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Egg & Cheese Croissants <i>Starchy</i> <small>Assorted Fruit & Milk</small>	Chicken Patty Sandwiches <i>Red Orange</i> <small>Assorted Fruit & Milk</small>	Combo: Chicken Nuggets & Mozz Stick <i>Beans</i> <small>Assorted Fruit & Milk</small>	Asian Beef & Rice <i>Other</i> <small>Assorted Fruit & Milk</small>	Pizza <i>Dark Green</i> <small>Assorted Fruit & Milk</small>
French Toast w/ Sausages <i>Starchy</i> <small>Assorted Fruit & Milk</small>	Chicken Ranch Wrap <i>Red Orange</i> <small>Assorted Fruit & Milk</small>	Beef & Cheese Nachos <i>Spicy Queso Beans</i> <small>Assorted Fruit & Milk</small>	Pasta Bar <i>Other</i> <small>Assorted Fruit & Milk</small>	Pizza <i>Dark Green</i> <small>Assorted Fruit & Milk</small>
Pancakes & Eggs <i>Beans</i> <small>Assorted Fruit & Milk</small>	Chicken Parm sandwich <i>Red Orange</i> <small>Assorted Fruit & Milk</small>	Combo: Chicken nuggets & Mac-n-cheese <i>Other</i> <small>Assorted Fruit & Milk</small>	Turkey Dinner with Gravy <i>Starchy</i> <small>Assorted Fruit & Milk</small>	Pizza <i>Dark Green</i> <small>Assorted Fruit & Milk</small>
Chicken & Waffles <i>Red Orange</i> <small>Assorted Fruit & Milk</small>	Hot Turkey or Chicken Club <i>Chips</i> <small>Assorted Fruit & Milk</small>	Tacos: Hard or Soft Shell <i>Beans</i> <small>Assorted Fruit & Milk</small>	Hot dogs or Hamburgers <i>Other</i> <small>Assorted Fruit & Milk</small>	Pizza <i>Dark Green</i> <small>Assorted Fruit & Milk</small>
Egg & Cheese Wraps <i>Starchy</i> <small>Assorted Fruit & Milk</small>	Ham & Cheese or Grilled Cheese <i>Tomato Soup</i> <small>Assorted Fruit & Milk</small>	Combo: Chicken Nuggets & Pizza crunchers <i>Beans</i> <small>Assorted Fruit & Milk</small>	Mac & cheese w/ nuggets <i>Other</i> <small>Assorted Fruit & Milk</small>	Pizza <i>Dark Green</i> <small>Assorted Fruit & Milk</small>

Menu Subject to Change without Notice



MENU DESCRIPTIONS:

In an attempt to offer more selections while maximizing student choices we are going to cook multiple menu items and let the student pick.

Pasta Bar: Pasta with Meatballs & Marinara OR Chicken Alfredo. *Your choice.*

Chicken & Waffles: Waffles with Chicken Tenders

Breakfast Wrap: Eggs & Cheese in a Whole Wheat wrap. Served with bacon or sausage. *Your choice.*

Pizza: Scratch made onsite

OFFERED DAILY:

Garden Salad: Romaine, Peppers: Red/Green, Onion, Meat, Cheese, Hummus & Croutons

Yogurt Cereal: Cheerios, Low fat yogurt, assorted fruit, Cheese Stick.

PLEASE NOTE: All half days are regular meals, served in the classrooms before dismissal.

Starting August 2023 all student meals are permanently FREE.

Each student can get One Free Breakfast & Lunch, every day!

September				
Mo	Tu	We	Th	Fr
		30	31	1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

February				
Mo	Tu	We	Th	Fr
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	

October				
Mo	Tu	We	Th	Fr
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

March				
Mo	Tu	We	Th	Fr
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

November				
Mo	Tu	We	Th	Fr
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

April				
Mo	Tu	We	Th	Fr
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

December				
Mo	Tu	We	Th	Fr
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

May				
Mo	Tu	We	Th	Fr
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

January				
Mo	Tu	We	Th	Fr
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

June				
Mo	Tu	We	Th	Fr
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
See you next year!				

We are required to offer one of each Vegetable subgroup each week. Below are some of the options we will be serving.

Dark Green	Red / Orange	Starchy	Beans & Legumes	Other
Broccoli	Carrot: Roasted / Raw	Corn	Black Beans & Corn with Cheese	Cauliflower Onion: Rings
Spinach	Sweet Potatoes: Fries	Green Peas	Pinto Bean: Layered Bean Dip	Cucumbers Cabbage: Coleslaw, eggrolls
Kale	Pumpkin	Yams	Baked Beans	Pickles Avacado: Guacamole
Leafy Greens	Tomato: Soup, Sauce, Diced, salsa	Potato: Fries, hash browns, etc	Garbanzo / Chickpea: Hummus	Brussel Sprouts Green Beans

Garden Salad incorporates all the sub groups!

NEED A PART TIME CAREER? SCHOOL LUNCH IS HIRING! PLEASE APPLY HERE